



NORTH DAKOTA SOFTBALL



NEWS AND ANNOUNCEMENTS

Hello everyone in the Fighting Hawks family! We're here with updates and news for the 2017 fall season. There are so many exciting things happening for our program. If you have driven by or seen recent pictures of the Apollo Sports Complex you probably noticed our superbly painted green dugouts, complete with the Fighting Hawks logo. Additionally, there have been many hours spent on improvements to the field itself. New dirt and clay have been brought in and has made a HUGE difference. Some of the coolest upgrades have been the on deck circles, bat racks and helmet racks (pictured below). They were a huge hit with fans and players alike!

Fall season began on September 23rd when the Fighting Hawks Softball team took on Valley City State and Northern State in a round robin tournament at Apollo Sports Complex. The Hawks were successful both offensively and defensively against Valley City scoring 10 runs off 9 hits. Hannah Bergh was perfect in the circle through 4 innings with no runs, hits or walks. Against Northern State, Kaylin VanDomelen had 8 strike outs in the circle. This last weekend, September 30th we were back on the diamond with two wins against University of Minnesota Crookston and Lake Region State College. The Fighting Hawks defeated their opponents with two 8 run rule victories. This weekend games are on Sunday October 8th at Apollo Sports Complex at 1:00 pm and 3:30 pm.

As you may have seen on social media, our locker room is getting a much needed update as well. This summer, demolition began and plans started to take shape. We are so excited to watch all of it unfold! These lockers are beautifully designed and something any Fighting Hawk Softball player will be proud to call their own for their time as a student athlete. Legacy is something the Fighting Hawk Softball program finds great pride in, and these lockers are a way to continue your legacy as an alumni. A \$2,000 gift will give you naming rights to these lockers. It can be a single person gift, or 2-4 of your classmates all together! Each player who calls this locker home will get to see Fighting Hawk lineage right in front of them. If you have any questions, or interest in a locker, please let us know!



COACHES CORNER

I am so excited to be a part of 2017-2018 season. This group of athletes is incredibly hard working and dedicated to their craft. They are a great group who just love to play the game of softball. I am incredibly humbled to have been given the opportunity to be a part of the Fighting Hawks Softball program. It is easy to come to work when you get to be a part of this staff and team. Thank you for your continued support and Go Fighting Hawks!

- Coach Pomeroy



NORTH DAKOTA SOFTBALL



UND FALL GAME SCHEDULE

Sat,	Valley City State	Apollo Sports Complex (Grand Forks, N.D.)	W 10-3
23- Sept.			
Sat,	Northern State University	Apollo Sports Complex (Grand Forks, N.D.)	L 1-3
23- Sept.			
Sat,	University of Minnesota- Crookston	Apollo Sports Complex (Grand Forks, N.D.)	W 8-0
30- Sept			
Sat,	Lake Region State College	Apollo Sports Complex (Grand Forks, N.D.)	W 10-2
30- Sept			
Sun,	Game A: UND vs. Mayville State College	Apollo Sports Complex (Grand Forks, N.D.)	1:00 p.m.
8- Oct			
Sun,	Game B: Minnesota Crookston vs. Jamestown	Apollo Sports Complex (Grand Forks, N.D.)	1:00 p.m.
8- Oct			
Sun,	Winner A vs Winner B	Apollo Sports Complex (Grand Forks, N.D.)	3:30 p.m.
8- Oct			
Sun,	Loser A vs Loser B	Apollo Sports Complex (Grand Forks, N.D.)	3:30 p.m.
8- Oct			





NORTH DAKOTA™ SOFTBALL



Get to know your Fighting Hawks!



Michaela Zins #14
Senior – 1st Base
Lakeville, MN

1. What are some of your pregame rituals?

Jam out to the pregame playlist, dance with my teammates and pray.

2. What do you love most about the University of North Dakota?

I love UND's beautiful historic campus and the student atmosphere and school pride.

3. What goals do you have personally and as a team for the season?

My personal goal is to continue to positively impact the team in whatever role I have the opportunity to take on. As a team we are striving to be Big Sky champs!!

4. What is your favorite softball memory from UND?

My favorite softball memory is going to the Big Sky tournament for the first time!

1. What are some of your pregame rituals?

I am the most superstitious person ever, so I have a lot of little pre-game rituals but I will share one. I wear the same bow during win streaks and I always have the same phrase that I say and the same thing that I draw into the dirt during games.

2. What do you love most about the University of North Dakota?

The thing I love most about UND is UND Softball but if I had to choose something else I would say that I love the campus and the brick buildings and being able to be in such a close knit group of athletes where you usually know at least one person from another team. It is fun to support your fellow athletes and watch their competitions!

3. What goals do you have personally and as a team for the season?

My personal and team goals for the season are to host and win the Big Sky and to play in a Regional tournament. I want to help our team out in the most beneficial way possible, no matter what that entails. We have an amazing group of young women among us and I am thankful that I get a fifth time around and I know we have big things to accomplish! (:

4. What is your favorite softball memory from UND?

My favorite softball memory. Oh goodness. I would have to say that my favorite softball memory from UND would be clinching the spot to go to the conference tournament. The atmosphere was so much fun to know that we earned that spot. Travel days are also fun in general because there are so many jokes and memories from traveling at the crack of dawn. (: That was last year though and I am excited for all the new winning memories to come in the next season.



Kaylin VanDomelen #8
Senior –Pitcher/Outfield
Banks, OR